



Kentucky Repertory Dance Theatre

Christian Ballet School and Company

www.krdt.org · kyndance@yahoo.com · 859 277-6466 · Laus Deo!

Body Recall Exercise Class Registration Form

Slow, Controlled Movement

April 16 - July 13 2:00 - 3:00 PM

Monday Wednesday Friday

\$99 for 30 classes



Tone muscles ■ Strengthen bones ■ Improve balance

Meets at Dancers' Studio at 570 Delzan, Suite 36, 2nd floor.
(in Keithshire Place off Clays Mill across from Jesse Clark Middle School.)

Taught by Nancy Durall · Certified Body Recall Exercise Instructor
KY Registered/Licensed Dietitian · KY Repertory Dance Theatre Instructor

Make check payable to KRDT · Mail to KRDT · 143 Suburban Court · Lexington, KY 40503

-----cut and submit form-----

Name _____

Address _____

Best Phone contact(s) _____

E-mail address _____

Waiver of Liability: I, the undersigned, unconditionally release and discharge KY Repertory Dance Theatre (KRDT) and Dancers' Studio and their faculty and staff, directors and volunteers from any liability arising from, related to, or participation in classes conducted by or associated with KRDT or Dancers' Studio. I certify that I am in good health and have no limitations or difficulties that would prevent my participation.

Date _____ Signature _____